

# Lunch Menu: October 2023 – March 2023

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Sausage & Mash or Tomato and Mascarpone pasta	Homemade Chicken Tikka Curry or Pizza Panini	Roast Chicken or Mac n Cheese Bake	Cheese & Potato Pie or Pasta Neapolitan	Fish fingers or pizza with chips and vegetables
	Fruit Crumble & Custard	Lemon Cookie	Raspberry Bun	Shortbread	Chocolate Brownie

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Sausage Roll, potato wedges & veg or Mac n Cheese bake	Burger in a bun or Calzone Pizza	Roast Pork or Pasta Arrabiatta	Minced Beef Hotpot or Tomato Pasta Bake	Crispy battered fish or pizza with chips & vegetables
	Marble Sponge & Chocolate Sauce	Shortbread	Oaty Flapjack	Chocolate Shortbread	Fruit Jelly

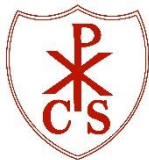
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Sausage & Wedges or Tomato & Mascarpone Pasta	Salmon Fish Fingers or Cheese Whirl & Beans	Roast Chicken or Pasta Neapolitan	Chilli Beef Tacos or Macaroni Cheese bake	Fish fingers or pizza with chips and vegetables
	Chocolate Crunch & Custard	Lemon Cookie	Paris Slice	Shortbread Biscuit	Iced Fairy Cake

Jacket Potatoes are available daily with a choice of fillings (ham, cheese, tuna, cheese & beans)

Fresh fruit, salad and yoghurts are available daily.

Vegetarian Alternatives are available.

Please return your menu choices (attached sheet) to the School Office by Friday 13<sup>th</sup> October 2023.



# Lunch Menu: October 2023 – March 2024

Please tick your choice for each day. If you choose a Jacket Potato, please state which filling:

H = Ham, C = Cheese, T = Tuna, C&B = Cheese and Beans

Week 1	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
	Sausage & Mash		Chicken Tikka Curry		Roast Chicken		Cheese & Potato Pie		Fish Fingers	
	Tomato & Mascarpone Pasta		Pizza Panini		Mac n Cheese Bake		Pasta Neapolitan		Pizza	
	Jacket Potato with .....		Jacket Potato with .....		Jacket Potato with .....		Jacket Potato with .....			

Week 2	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
	Sausage Roll, wedges & veg		Beef Burger & Wedges		Roast Pork		Minced Beef Hotpot		Crispy Battered Fish	
	Mac n Cheese Bake		Calzone Pizza		Pasta Arrabiata		Tomato Pasta Bake		Pizza	
	Jacket Potato with .....		Jacket Potato with .....		Jacket Potato with .....		Jacket Potato with .....			

Week 3	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
	Sausage, Wedges & Veg		Salmon Fish Fingers		Roast Chicken		Chilli Beef Tacos		Fish fingers	
	Tomato & Mascarpone Pasta		Cheese Whirl & Beans		Pasta Neapolitan		Mac n Cheese Bake		Pizza	
	Jacket Potato with .....		Jacket Potato with .....		Jacket Potato with .....		Jacket Potato with .....			

Name ..... Class ..... Year Group .....